

Instructions for THE DAY OF SURGERY

Arrive promptly at the time given to you by the pre-op nurse.

Bring all the surgical paperwork you were given in the surgeon's office.

Follow the instructions given to you about eating and drinking. This is important for your safety.

Shower the morning of surgery — this will decrease the risk of infection.

Wear low-heeled shoes and loose, comfortable clothing. Sleeves, legs and waistbands should be loose enough to fit over bandages.

All jewelry and body piercing must be removed prior to surgery. Please leave valuables including jewelry at home or with a family member.

Bring your driver's license or photo identification card and health insurance cards, as well as any co-pay and/or deductible to be paid at registration. Leave valuables at home or with your friends/family.

Medications

- You may take your normal heart, blood pressure, breathing or seizure medication the morning of surgery with a sip of water.

-if you take insulin or routine medications, your doctor or anesthesiologist will instruct you on what to take prior to surgery.

- if you are on blood thinners, aspirin or herbal medicines, notify your surgeon when they are scheduling you for surgery

-Please be sure to tell your surgeon about any existing medical conditions as well as prescription, herbal and over the counter medications that you are taking.

Failure to follow these instructions can cause serious complications.